

HELP WANTED

DO WHAT YOU LOVE

SINAI's Hiring! Special Education Teachers and Assistant Teachers

Teaneck • River Edge • Livingston
Riverdale • Queens

COMPETITIVE SALARY & BENEFITS

"I love going to work every day! It's amazing to be in a supportive and collaborative environment, where you know that you make a difference."

~ Adena Lefkovits, SINAI teacher ~



APPLY NOW!

www.sinaischools.org/careers

SINAI Schools is an Equal Employment Opportunity employer.

HOME CARE



We're by your side so your loved one can stay at *home.*

Home Instead.

Call (973) 379-4910 or visit
HomeInstead.com/MillburnNJ
Certified Dementia Practitioners

PERSONAL CARE • TRANSPORTATION
HOUSEHOLD ASSISTANCE

Each Home Instead® office is an independently owned and operated franchise of Home Instead, Inc., an Honor Company. © 2023 Home Instead, Inc.

TO ADVERTISE
IN THE
CLASSIFIED/PROFESSIONAL DIRECTORY/
REAL ESTATE SECTION
CALL 201-837-8818 EX 121

Ohel distributes care kits for displaced Israeli kids returning home

Drawing upon its experience supporting people through trauma, Ohel Children's Home and Family Services is providing guidance to 4,000 displaced families with preschool children returning to their homes in the Gaza-area communities that were invaded October 7.

In this initiative, the New York-based Ohel is partnering with the Israel Trauma Coalition (ITC) and Mahut Israel.

The kits contain written resources developed by Ohel Kestenbaum International Children's Services, which provides resilience-building programs for children, designed to help parents ease their youngsters' adjustment back home.

Ohel CEO David Mandel said, "When people are under attack, are evacuated, and then are placed in temporary and unfamiliar surroundings, it is normal to have delayed reactions to trauma. Their immediate and basic needs for shelter and safety are so acute, they don't have the luxury of thinking about their feelings. But that is not good for children, especially.

"Responses to trauma can be deferred until weeks and months later," said Mandel. "Upon returning home, some people may experience intense feelings they may not be prepared for and may be especially vulnerable to mental-health challenges."

"Returning home is bittersweet for so many of these families, especially children, said Jay Kestenbaum, copresident of Ohel's board of directors. "The longing for home is finally realized, yet many of these families will be returning to a home and community that looks and feels very different from the one they left behind. This can trigger many feelings that may have been suppressed until now.

"We at Ohel...are providing them with tips and tools, drawn from our expertise, to help them cope with the adjustment to returning home."

The kits include Ohel's preschool book "I Feel That Way and That's Okay," written by Tzivy Reiter, LCSW, the organization's director of children's and national trauma services, and Dr. Naomi Baum, PhD. It also includes companion coloring books and markers and tip sheets on helping children and adults.

Ohel Children's Home and Family Services is a not-for-profit Jewish agency that provides mental health services, crisis intervention, housing and programs for people with disabilities, older adult services, safe dwellings for domestic violence



Hadassa Baum holds an Ohel kit with her two-year-old daughter, Tal Ahava.

PHOTO COURTESY OHEL CHILDREN'S HOME AND FAMILY SERVICES

Solution to last week's puzzle. This week's puzzle on page 34.

